

### Funding opportunities

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Near Neighbours Small Grants are now open, until the 11th October. Small grants between £250 and £5,000 are available as seed funding for local groups and organisations who are working to bring together neighbours and to improve their communities.

[\*Everything you need is here.\*](#)

**Trusthouse Charitable Foundation** support organisations who address local issues in areas of extreme urban deprivation, or in remote and fragile rural communities. They have updated their guidelines for grants for work in the most deprived urban areas or the most remote and socio-economically deprived rural areas.

<http://trusthousecharitablefoundation.org.uk/?bblinkid=175920159&bbemailid=15519143&bbejrid=1166493962>

## Growing Connections in the local community



**Make of Meal of It** is a resource from Liveability to inspire churches to connect with older people in their community.

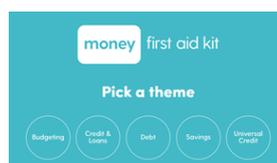
Over the last few years, community meals have grown in popularity. Events such as *The Big Lunch* or *The Great Get Together* have provided a way to draw people who are seeking to build community with their neighbours. Such meals provide great opportunities to connect, but how might we help older people feel truly part of them?

The ideas in the pack provide ideas to help both large and small events. Whether a big scale meal or a simple afternoon tea- all are valuable in helping build friendship.

The pack includes ideas on how to plan the meal, who to involve, how to connect, creative ideas on the day, and ideas for follow up.

[Download the resource here.](#)

### Money First Aid kit



JFF have created the *Money First Aid Kit*, which is helping start conversations about debt and signposting people to support. This online tool aims to equip staff and volunteers. It hosts resources, tips for talking about money and links to organisations that can offer advice. For quick access wherever you are, it can be saved to your phone,

## Useful links

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### **Go for Green, Go for Help**

[This is a great resource for busy churches to help signpost. Check out the TiS website for more detail](#)

### **YMCA DLG**

Could you make a real difference to the lives of vulnerable young people (16-25) across Sussex? YMCA DLG are currently looking for volunteer chaplains to help run informal weekly chaplaincy evenings, centred around a meal, to support young people living at several YMCA supported housing projects.

Find out more [here](#)

### **Mental Health Awareness day 10th October**

Check out the resources [here](#)

There's lots more information and useful links on the Together in Sussex website

[https://  
togetherinsussex.org.uk](https://togetherinsussex.org.uk)

laptop or tablet.

The idea is that this easy-to-use 'First Aid Kit' will enable a relational approach for those people who want to help but don't necessarily know where to direct friends, or those they meet in the course of their work, to find assistance.

[Have a look here.](#)

### **Universal Credit**

CUF's Research and Policy Team have produced a short guide: '[Universal Credit: Everything You Need to Know](#)' about what the new benefits system is, who it's for, and how to support someone applying for it.

Our hope is that this guide will equip you and those in your networks supporting individuals moving onto Universal Credit to respond with practical wisdom and sensitivity. We'd love you to read, use and share it!

### **Dementia from the Inside**

How does it feel to live with dementia? And where is God in this? *Dementia from the Inside* is a book written from the point of view of Jennifer Bute, a doctor diagnosed with early-onset dementia. [Have a look here for more detail](#)

### **Community Payback scheme**

If you are involved with running a night shelter, you may be interested in some extra help as part of the Community Payback Scheme. For more detail contact [sharon.moxon@ksscrc.co.uk](mailto:sharon.moxon@ksscrc.co.uk) or call 07796840791. [https://  
www.ksscrc.co.uk/community-payback/](https://www.ksscrc.co.uk/community-payback/)

Follow the link to the TiS website for more detail

<https://togetherinsussex.org.uk>