

## Howard Schnaar, Priest talks about the Parish Nurse Service

Those who have been on the Deanery Synod for a while may recall 'The Horsham and Crawley Review 2015' which carefully and astutely states "Broadfield – Christ the Lord is in an area of deprivation coming face to face with the consequences of this every day, meeting needs with debt counselling, practical help and advice, as well as addressing mental health issue"

It also suggested that Broadfield should have a Parish Nurse. It was deemed that Mrs Juliette Williams B.A, RGN would be the most suitable candidate. Juliette is an experienced nurse and had worked in a number of nursing positions previously, including, A & E, District, General Practice and Safeguarding. She demonstrates wonderful interpersonal still and yet maintains and highly professional manner.

Juliette works with people of all ages and backgrounds, those with faith or those with none. Whether it's simply giving moral support during a medical crisis – giving general health advice or educating for health – "signposting" people to various support or medical services – praying for people – clarifying medical procedures or issues, – or simply listening and following them up. Juliette focuses on the individual, rather than just a specific medical condition, integrating not only the different aspects of health, but also being an ambassador for the Church.

Juliette is both an ambassador for the church, and also builds bridges into other aspects into community health and social care. She brings an incarnational approach to her ministry. I love the way she combines medicine with her living faith and being diligent in prayer.

As Broadfield is a deprived neighbourhood in West Sussex Juliette has enabled us to start to respond to the evident needs of those who feel unfairly treated by life, those struggling with poverty and those shunned because of mental health problems. Juliet ministers to all who ask for help in Broadfield regardless of their social background.

Working with hurting people takes much patient and time, but we are starting to see the impact of Juliette's ministry.

## This has led to:

- · Improved confidence and fragile people feeling more reassured.
- · Improved health.
- Better church and community links.
- · People growing in faith.
- People feeling empowered and invited to access health and community services.
- · Reduction and breakdown in social isolation and loneliness.
- · Inclusion of those on edge of our community.
- Generate better links with the community from the church.
- Provide education on events like- healthy diet and parenting.

## Keys skills:

- Observing and recording the condition and making necessary notes
- Monitoring progress of user's health with accurate legible records.
- Ensuring good medical and hygienic practices
- Building a good professional rapport with users
- Having the drive & determination required to deliver the highest possible Service
- Having a lively faith and feeling comfortable to pray with people and having an informed understanding of the Church's healing ministry.
- Having good team leadership skills.
- Keeping abreast of changes in Nursing and also understand current challenges in the profession.
- To make professional links with the local GP clinics and health visitors.
- To have regular supervision with the line manager.
- To make use of the support group and communicate well with the church leadership and congregation both verbally and in written reports.
- To have a professional Medical Supervisor and to have Spiritual direction.